CONCUSSION

Ensure the safety of everyone Call the ambulance on Triple Zero (000)

Signs - visible clues:

Errors in response/repeating questions



Loss of consciousness



Disoriented



Incoheren speech



Not aware of events Confused



Memory loss



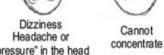
Dazed or stunned Vacant stare

Symptoms – casualty feels:

Emotional e.g. sad or nervous



Headache or "pressure" in the head





Ringing in the ears

Cannot

(fatigued)



Sensitivity to light

and/or noise

Sick/Nauseous Vomiting

1. RECOGNISE

2. REMOVE OR STOP

3. REFER

Stop activity around them - Immediate DRSABCD - Do not move - Spinal immobilisation - Verbally assess Ask questions - Check responses - Establish condition

CALL 000

CONCUSSION



ASSESS FOR SPINAL INJURY SYMPTOMS

NO Remove from area Keep still and at rest Do not leave alone

YES Stop - Keep still Keep the neck and spine aligned



Take note of symptoms: When - How long - How bad - Record if possible

Monitor - Refer to a medical professional - Provide a report

Treat other injuries as required - Ensure parents/carers are contacted if a minor

UNCONSCIOUS

Treat as for spinal injury

Gain assistance if possible

Assess airway/breathing

Not breathing normally: CPR

Breathing normally: Align and immobilise spine/neck Gently roll on his/her side Ensure airway is clear

FOR CONCUSSION AND UNCONSCIOUSNESS, NO MATTER HOW BRIEF - CALL 000 - REQUEST AN AMBULANCE